

MARRIOTT  
**FITNESS**  
 C E N T E R

Start	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00							
8:00							
9:00							
10:00		10:00-11:00 <b>Stretch &amp; Flex</b> Yan		10:00-11:00 <b>Stretch &amp; Flex</b> Yan			
11:00							
12:00							
17:00							
18:00	18:00-19:00 <b>X-training</b> Attila	18:00-19:00 <b>Salsatone</b> Migue		18:00-19:00 <b>Fit&amp;Hit</b> Migue	18:00-19:00 <b>Pump</b> Attila		18:00-19:30 <b>Aromatherapy Yoga 90'</b> Yan
19:00		19:00-20:00 <b>Attack</b> Attila		19:00-20:00 <b>Challenge</b> Attila			
20:00			20:00-21:00 <b>Pump</b> Attila	20:00-21:30 <b>Hatha Yoga</b> Yan			
21:00							

*Az órarendváltoztatás jogát fenntartjuk. / Schedule is subject to change.*