

FITNESS

C E N T E R

Start	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00	7:00-8:00 Functional Flow Fatime						
8:00			7:30-8:30 CycleMix Fatime				
9:00							
10:00		9:30-10:30 Spine Training Roberta		9:30-10:30 Hatha Yoga Roberta			
11:00							
17:00							
18:00	18:00-19:00 HIIT Cardio & Core Attila	18:00-19:00 Salsatone Migue	18:00-19:30 Flow 90' Eszter	18:00-19:00 Fit&Hit Migue	18:00-19:00 Pump Attila		
19:00	19:00-20:00 Booty-X Mónika	19:00-20:00 Attack Attila		19:00-20:00 HIIT Strenght & Core Attila	19:00-20:00 Booty-X Mónika		
20:00							
21:00							

Az órarendváltozás jogát fenntartjuk. / Schedule is subject to change.