

MARRIOTT
FITNESS
 CENTER

Start	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00	7:15-8:15 Functional Flow Fatime						
8:00					7:30-8:30 Sunrise Yoga Zsanett		
9:00			8:45-9:45 Yoga & Streching Zsanett				
10:00			9:45-10:45 Posture-Improving Yoga Zsanett				
11:00							
15:00					15:00-16:00 BODYART® Judit		
16:00							
17:00							
18:00	18:00-19:00 HIIT Cardio & Core Attila	18:00-19:00 Salsatone Migue	18:00-19:30 Flow 90' Eszter	18:00-19:00 Fit&Hit Migue			18:00-19:30 Hatha Yoga Roberta
19:00	19:00-20:00 Booty-X Mónika	19:00-20:00 Attack Attila	19:30-20:30 Booty-X Mónika	19:00-20:00 Pump Attila			
20:00							

Az órarendváltozás jogát fenntartjuk. / Schedule is subject to change.