

MARRIOTT

# FITNESS

C E N T E R

Start	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00	7:00-8:00 <b>Functional Flow</b> Fatime		7:30-8:30 <b>CycleMix</b> Fatime				
8:00							
9:00							
10:00							
11:00							
17:00							
18:00	18:00-19:00 <b>HIIT Cardio &amp; Core</b> Attila	18:00-19:00 <b>Salsatone</b> Migue		18:00-19:00 <b>Fit&amp;Hit</b> Migue			
19:00		19:00-20:00 <b>Attack</b> Attila		19:00-20:00 <b>HIIT Strenght &amp; Core</b> Attila			
20:00			20:00-21:00 <b>Pump</b> Attila				
21:00							

Az órarendváltozás jogát fenntartjuk. / Schedule is subject to change.