

MARRIOTT
FITNESS
 C E N T E R

Start	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00	7:00-8:00 Functional Flow Fatime						
8:00			7:30-8:30 CycleMix Fatime				
9:00		9:00-10:00 Booty-X Mónika					
10:00		10:00-11:00 Stretch & Flex Yan		10:00-11:00 Stretch & Flex Yan			
11:00							
12:00							
17:00							
18:00	18:00-19:00 HIIT Cardio & Core Attila	18:00-19:00 Salsatone Migue		18:00-19:00 Fit&Hit Migue	18:00-19:00 Pump Attila		18:00-19:30 Aromatherapy Yoga 90' Yan
19:00	19:00-20:00 Booty-X Mónika	19:00-20:00 Attack Attila		19:00-20:00 HIIT Strength & Core Attila			
20:00			20:00-21:00 Pump Attila	20:00-21:30 Hatha Yoga Yan			
21:00							

Az órarendváltoztatás jogát fenntartjuk. / Schedule is subject to change.